

This is your last day of your minute challenge. Put in your best effort to get your best score.

Have a go at a "Body Bingo". Choose your column, row or diagonal line. Do the calculation (ideally in your head) and then do that number of body moves. If you are feeling very energetic you could complete the whole bingo card.



$2+3=$ Star jumps	$7+3=$ Hops on one leg	$10-4=$ Jumps	$10-9=$ Press ups
$10+6=$ Jump over a cushion	$15+5=$ Squats	$20-11=$ Sit ups	$20+6=$ Star jumps
$2+13=$ Touch your toes	$17+3=$ Waist bends	$20-4=$ Waist twists	$20-9=$ Hop scotch
$20+6=$ Step ups	$14+6=$ Touch shoulders, then knees	$18-11=$ Jog around a chair	$20+13=$ Sit down, stand up



$22+3=$ Star jumps	$17+3=$ Hops on one leg	$40-34=$ Jumps	$100-90=$ Press ups
$10+16=$ Jump over a cushion	$2\times4=$ Squats	$20\div5=$ Sit ups	$46-33=$ Star jumps
$12+13=$ Touch your toes	$4\times3=$ Waist bends	$20-14=$ Waist twists	$100-91=$ Hop scotch
$24\div4=$ Step ups	$40-28=$ Touch shoulders, then knees	$5\times3=$ Jog around a chair	$17+13=$ Sit down, stand up

For an added challenge, have a look at some digital times (new learning)



Write down the digital times for each of these clocks.

Remember ; half past = :30 quarter past = :15 quarter to = :45



4:15

