



PE SUPPORT

Sally Serridge – Primary P.E. Specialist

Summer 2019

This term I have been working with year R on a dance unit, focusing on different animals. The children have learnt about the movements and behaviour of lions, snakes, monkeys, penguins and elephants. They then transferred these ideas into dance moves. A particularly popular lesson was the penguin dance, which involved the use of balloons, which represented the penguin eggs! The children had to look after their 'egg' and move to collect 'fish' for each other. Another popular lesson was the snakes, where the class used the music 'Following the leader' from Peter Pan and had to make the dance moves of a snake whilst following each other in a gradually increasing group.



'My best bit was the penguins because of the balloons.' Rhea

'I liked the lions because it was fun.' Noah

'The penguins was the best because I liked using the balloons.' Albie

'My favourite was the monkeys because it was fun and I could swing fast.'
Daisy



Also this term I have been running an athletics club. The children have been learning the basic techniques for throwing, jumping and running. We have made it as realistic as possible with the awarding of medals at the end of each session, Gold, Silver and Bronze.





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