



PE SUPPORT

Sally Serridge – Primary P.E. Specialist

Autumn 2 2019

This half term I have been working with the Year R teachers, Alison Collinson, and Devon Brimecome, as well as Teaching Assistant Liz Sayer. The children have been introduced to very basic ball skills. The first couple of lessons, we used balloons to learn how to throw and catch. Balloons are much slower than a ball and so the children had more time to catch safely. They also learnt the importance of sharing with a partner. A popular warm up activity was the 'Mr Men' where the children had to be 'Mr Tall', 'Mr Tickle' and 'Mr Strong' amongst others.





'I liked doing the ball around my tummy because it was really fun.' Darcy

'My favourite was throwing the ball because you could catch it.' Charlie

'I liked throwing the ball because you have to roll it and catch it.' Nathan

'Rolling the ball to Teddy was my best bit. I liked it because I did it.' Eden

The after school ball skills club has gone very well this half term. The children have been using their tennis skills to help learn their numbers and letters.



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